

#### Supported Internship Programme 2024

**Case Studies** 

ASDA



## Miles

I started my Supported Internship at ASDA Farnworth in September 2024. I have decided to do this after my journey at Lifebridge.

Skills I have learnt are:

Deliveries, tidying, wrapping on cages, showing customers where things are and Teamwork.

Jobs I have tried are the Ambient, Breads and Cakes and Produce section.

I have done the Health and Safety training.

Challenges I have faced are trying to get myself out of my comfort zone and more into a work environment by using the bus to travel independently.

What I really like, as a young person with a learning disability and autism that it has made me proud to be a part of this internship with my friends and staff who really help us and support us.

I would give everybody advice to try it.







### Мо

I started my SI at ASDA Farnworth in September 2024. Following from my 2 years at Lifebridge. When I got told about this Internship, I was a bit hesitant to do it at first but I gave it a good think and decided to do it.

During my time here at ASDA, I've learnt a lot of skills such as teamwork, leadership, confidence, initiative and independence.

My first job rotation was Ambient which is non fresh items such as crisps, alcohol, confectionery etc. During my time on Ambient I would drop tops and restock items. My new job rotation which I will be doing for 10 weeks like my previous rotation is GM( General Merchandise) In this department I tidy the top shelves and put out new stock.

The challenges that I have faced in both of these departments are working on my own which I have struggled with, but I have overcome that struggle. I've learnt to use different equipment and have done a Health and Safety course.

What I really like is that the staff here make us feel like we are part of the ASDA Team. Not many people get an opportunity like this, so I am very lucky and grateful for the people who have offered me this opportunity. If we didn't do this we would just be sat at home doing nothing.







## **Parent Carer feedback**

Since Shannon started at ASDA's her confidence has grown no end. She tells me about the customers she has been able to help and if she can't help them she'll find someone that can.

She seems to have become a team player, not wanting to let her work colleagues down by having a day off if she feels a bit unwell.

She looks forward to going to work each day and has talked about getting a job in the retail trade now she has some experience in it and, more importantly, enjoys it.

You and your team has supported her from day one. Without your help I never thought it was possible, that one day, Shannon would have skills to get a job.

Lillian, Shannon's nan/carer

Ciaran talks a lot about his internship at ASDA he gained a lot of confidence from it and enjoys being there and progress with it. I think the internship will be good for other students and progress with it.

#### Susan, Ciaran's nan/carer

# Staff feedback

Since the interns started in September, we have noticed a huge improvement in all of them, from time keeping, independent travelling to now even socialising. The belief that they have in themselves is amazing to see. All are now eager to look for paid employment and want to be involved in the 'world of work'. We are looking forward to supporting them through the next stages of gaining paid employment and are looking at attending 2 upcoming job fairs.

As a team we are very proud of the interns and can't wait to see them all grow further in their 2nd and 3rd rotations.

Norma, Siobhan, Liam and Lindsey.

