Breaking Barriers NW

BOLTON LADS & GIRLS CLUB

Progress Update
PFA – SEND Community Inclusion October - December 2022

- 53 parents engaged
- 26 young people
- 37 organisations engaged
- Deep Dive into 3 organisations
- Focus Group Held, Parent Drop In and Parent Support Group
- Questionnaire disseminated widely
- Organisations emailed, and visited

Bolton Together

Examples of Feedback from Parents

‘staff not understanding or underestimating the individual needs of my son. He was invited to an awards ceremony which was great, but he didn’t know the building, his usual staff wouldn’t be there to support him and it was unclear who else was going from the club, would he know anyone. He needs simple reminders of where the bathroom is, who can help if he needs support, where to go for “quiet time”. When we arrived on the night it was clear that this information hadn’t been filtered down and the staff said ‘“oh you can be his plus one”’ Mum went onto explain “not only was I not dressed to go to a ceremony, (this added another layer of stress) my son doesn’t want me to attend his club as that’s his time for independence. This resulted in a melt- down, as he didn’t want me to stay, but he didn’t want to come home. Fortunately, a member of staff recognised him and we rectified the situation, but this all could have been avoided if there had been better communication”

“**some of our young people with additional needs are known to have poor relationships with healthy lifestyles. A project was set up with Bolton College and once a week for a period of a month, the group went and worked out at the gym, the young people had individual work out plans and staff supporting on the session. This worked really well as the encouragement from peers and staff really motivated my child to do his best. We would really like opportunities for this to carry on.”**

A Deeper Dive into Examples of Good Practice
Bolton Trampoline Club - Farnworth

- The club run sessions for children and young people 6 days a week plus local and national competitions.
- Parents can stay on session. This is a huge support as parents can intervene with any issues therefore no-one is asked to leave a session.
- Linked with Ladywood offering sessions in the day to the Y6 cohort. (Cost attached to this hire)
- In both the recreational bouncing and the squad there is a good representation of children and young people presenting with ASD, ADHD and dyspraxia.
- The club is accessible through several different entrances, and they have adapted toilets with space for a changing bed.
- They have recently invested in a rebound trampoline bed. They need rebound training and hoist equipment, in order to ge this offer off the ground.
- In January they are starting a stay and play session for the under 5's
- They work with a home-school group on Wednesday afternoons.
- A space has been identified in the building to develop a sensory den, which can be accessed by all children who need it.
- As this offer builds the staff will share media and testimonials to add into a case study

Greenfold Hydro Pool and Rebound Room

Met with Andy Feely (Head) and Dave Colbourn (Health and Safety manger) pool specifications:
5x5m pool 1m deep
2 changing beds
Separate staff changing room
Separate Young people's changing room
Blue tooth speakers
Projection wall lights.
Full hoist tracking system
Monitored daily by on-site staff. (should anything be flagged on the monitoring system, the session would have to be cancelled)

Considerations

caretaking and key holder for the building
additional pool side insurance required
Health and safety assessment on service users
Supervision of adults in the building
Max of 5 in the pool (staff/service user)

Training

Qualified swimming instructor (I have already identified potential instructors in Bolton)
Body board training – requirement for all supervising staff- There are staff from the school who may be interested in being involved in this opportunity who already have the training.

Long term

Determine frequency of nights required, this will assist in costing the hire of the pool
Utilise the space in the zones of school we have access to. Inc-
Rebound room
Library
Main hall – opportunities for parent groups/ Nurture room with working kitchen


Supporting your child
Self-harm and Suicide
PAPYRUS
A Simple Guide To Brain Dumping
STEPS
BENEFITS
BOLTON LADS & GIRLS CLUB
Enriching young lives
Are you walking on eggshells in your relationship?
One-To-One Support
Dealing with Depression & Anxiety
WOMEN'S GROUP
Disrupting Exploitation
LGBTQ+ Online Project
Eating Disorders & Self-Harm
Is your home where the hurt is?
Coercive and controlling behaviour is domestic abuse
ARE YOU A PARENT OR CARER OF A CHILD IN BOLTON?
TEXT YOUR NURSE
07507331751
SAFE SLEEPING
MINOR
STRANGER THINGS

This is Kane. He is 21. Kane has various additional needs and requirements and has a diagnosis of ASC and Learning Disability. Kane is currently working for The Market Place as a domestic and security staff part time, supported by Breaking Barriers.

Kane has a visual job sheet which has been written with his supervisor at The Market Place and Steph, his support worker at Breaking Barriers. This helps Kane to know what he needs to do during his working hours. He is also supported by other staff who have learned to recognise when Kane might need a little bit of guidance.

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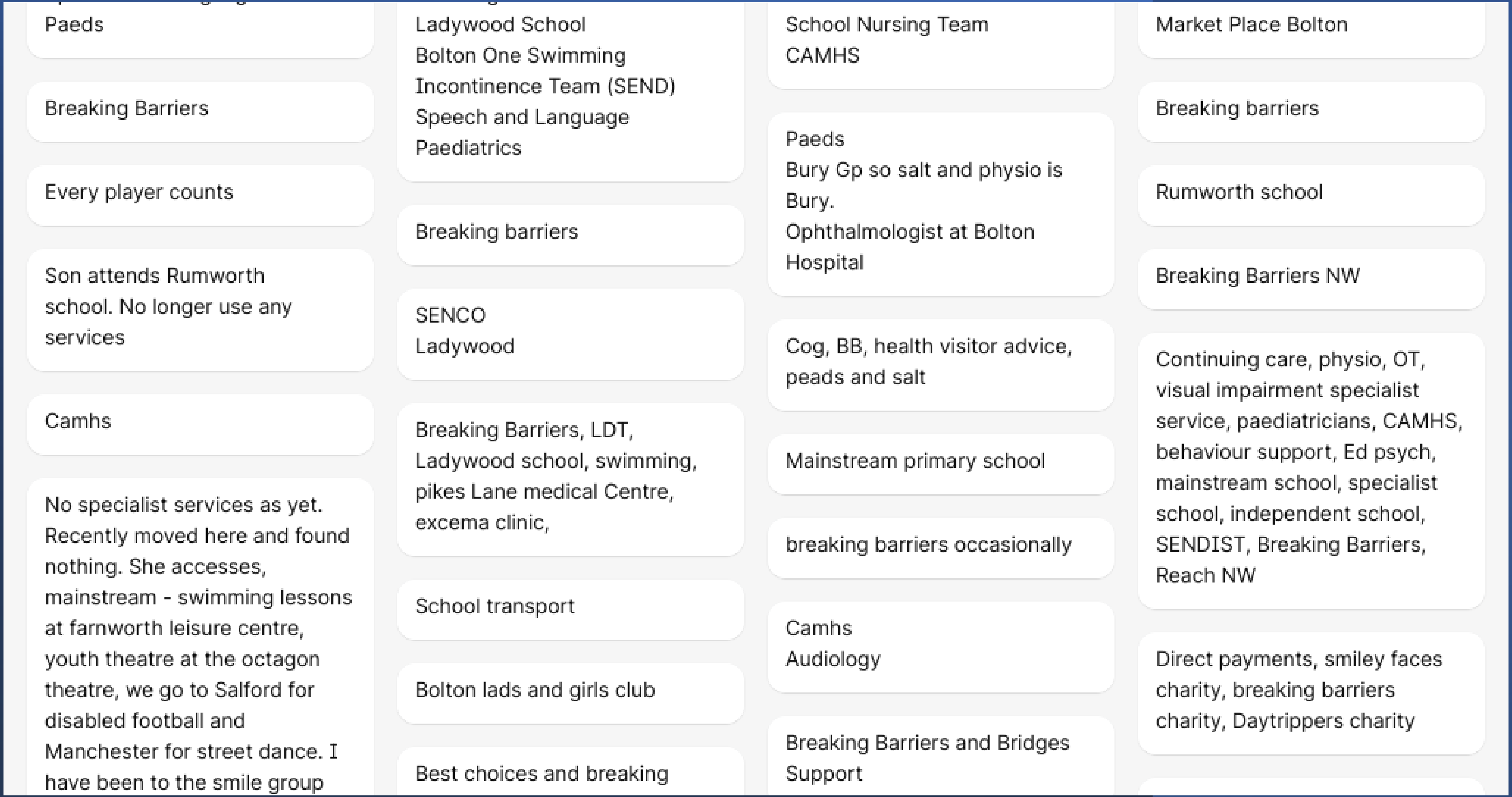


Paeds

Breaking Barriers

Every player counts

Son attends Rumworth school. No longer use any services

Camhs

No specialist services as yet. Recently moved here and found nothing. She accesses, mainstream - swimming lessons at farnworth leisure centre, youth theatre at the octagon theatre, we go to Salford for disabled football and Manchester for street dance. I have been to the smile group

Ladywood School
Bolton One Swimming
Incontinence Team (SEND)
Speech and Language
Paediatrics

Breaking barriers

SENCO
Ladywood

Breaking Barriers, LDT, Ladywood school, swimming, pikes Lane medical Centre, excema clinic,

School transport

Bolton lads and girls club

Best choices and breaking

School Nursing Team
CAMHS

Paeds
Bury Gp so salt and physio is Bury.
Ophthalmologist at Bolton Hospital

Cog, BB, health visitor advice, peads and salt

Mainstream primary school

breaking barriers occasionally

Camhs
Audiology

Breaking Barriers and Bridges Support

Market Place Bolton

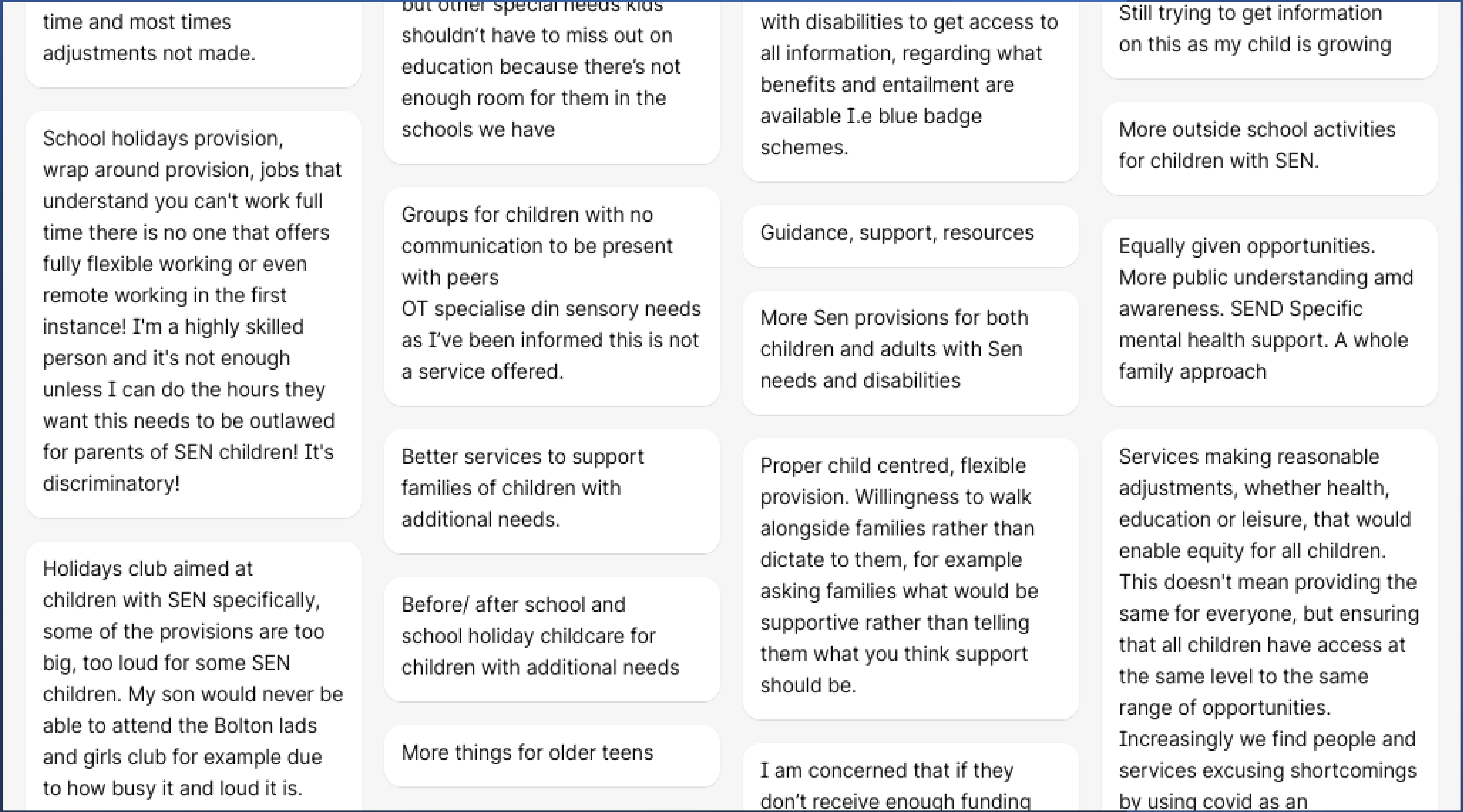
Breaking barriers

Rumworth school

Breaking Barriers NW

Continuing care, physio, OT, visual impairment specialist service, paediatricians, CAMHS, behaviour support, Ed psych, mainstream school, specialist school, independent school, SENDIST, Breaking Barriers, Reach NW

Direct payments, smiley faces charity, breaking barriers charity, Daytrippers charity



time and most times adjustments not made.

School holidays provision, wrap around provision, jobs that understand you can't work full time there is no one that offers fully flexible working or even remote working in the first instance! I'm a highly skilled person and it's not enough unless I can do the hours they want this needs to be outlawed for parents of SEN children! It's discriminatory!

Holidays club aimed at children with SEN specifically, some of the provisions are too big, too loud for some SEN children. My son would never be able to attend the Bolton lads and girls club for example due to how busy it and loud it is.

but other special needs kids shouldn't have to miss out on education because there's not enough room for them in the schools we have

Groups for children with no communication to be present with peers
OT specialise din sensory needs as I've been informed this is not a service offered.

Better services to support families of children with additional needs.

Before/ after school and school holiday childcare for children with additional needs

More things for older teens

with disabilities to get access to all information, regarding what benefits and entailment are available I.e blue badge schemes.

Guidance, support, resources

More Sen provisions for both children and adults with Sen needs and disabilities

Proper child centred, flexible provision. Willingness to walk alongside families rather than dictate to them, for example asking families what would be supportive rather than telling them what you think support should be.

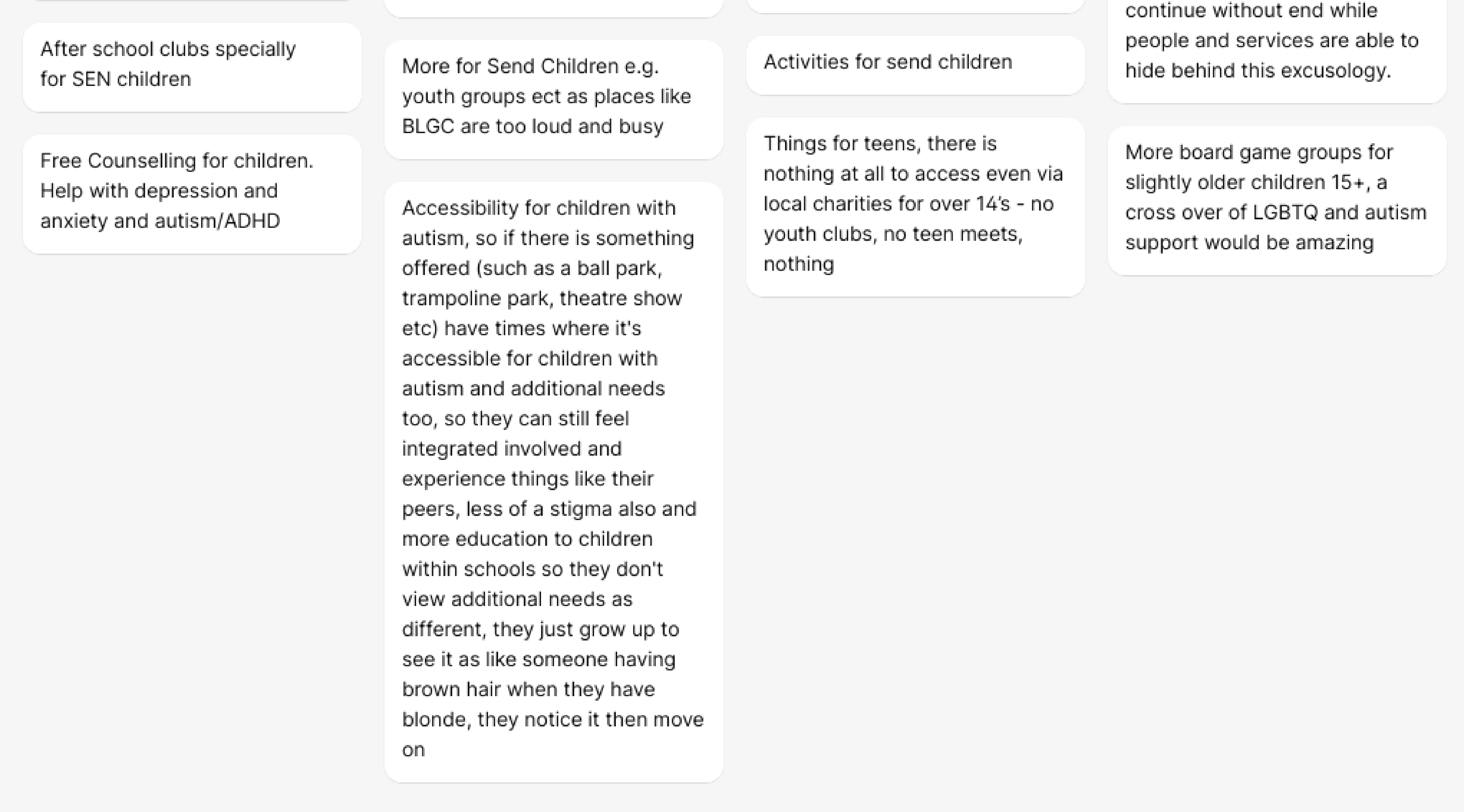
I am concerned that if they don't receive enough funding

Still trying to get information on this as my child is growing

More outside school activities for children with SEN.

Equally given opportunities. More public understanding amd awareness. SEND Specific mental health support. A whole family approach

Services making reasonable adjustments, whether health, education or leisure, that would enable equity for all children. This doesn't mean providing the same for everyone, but ensuring that all children have access at the same level to the same range of opportunities. Increasingly we find people and services excusing shortcomings by using covid as an



After school clubs specially for SEN children

Free Counselling for children. Help with depression and anxiety and autism/ADHD

More for Send Children e.g. youth groups ect as places like BLGC are too loud and busy

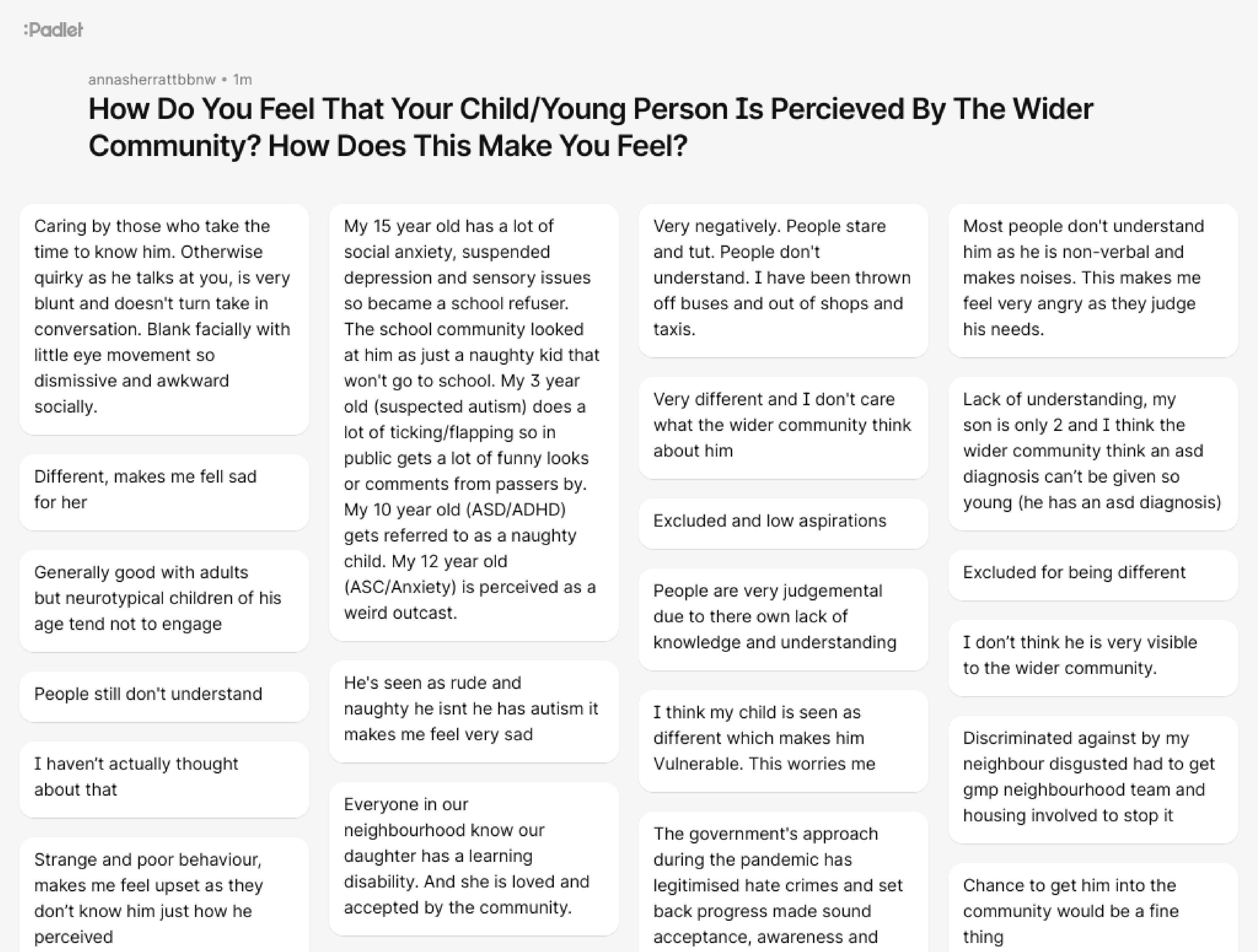
Accessibility for children with autism, so if there is something offered (such as a ball park, trampoline park, theatre show etc) have times where it's accessible for children with autism and additional needs too, so they can still feel integrated involved and experience things like their peers, less of a stigma also and more education to children within schools so they don't view additional needs as different, they just grow up to see it as like someone having brown hair when they have blonde, they notice it then move on

Activities for send children

Things for teens, there is nothing at all to access even via local charities for over 14's - no youth clubs, no teen meets, nothing

continue without end while people and services are able to hide behind this excusology.

More board game groups for slightly older children 15+, a cross over of LGBTQ and autism support would be amazing



annasherrattbbnw • 1m

How Do You Feel That Your Child/Young Person Is Percieved By The Wider Community? How Does This Make You Feel?

Caring by those who take the time to know him. Otherwise quirky as he talks at you, is very blunt and doesn't turn take in conversation. Blank facially with little eye movement so dismissive and awkward socially.

Different, makes me fell sad for her

Generally good with adults but neurotypical children of his age tend not to engage

People still don't understand

I haven't actually thought about that

Strange and poor behaviour, makes me feel upset as they don't know him just how he perceived

My 15 year old has a lot of social anxiety, suspended depression and sensory issues so became a school refuser. The school community looked at him as just a naughty kid that won't go to school. My 3 year old (suspected autism) does a lot of ticking/flapping so in public gets a lot of funny looks or comments from passers by. My 10 year old (ASD/ADHD) gets referred to as a naughty child. My 12 year old (ASC/Anxiety) is perceived as a weird outcast.

He's seen as rude and naughty he isnt he has autism it makes me feel very sad

Everyone in our neighbourhood know our daughter has a learning disability. And she is loved and accepted by the community.

Very negatively. People stare and tut. People don't understand. I have been thrown off buses and out of shops and taxis.

Very different and I don't care what the wider community think about him

Excluded and low aspirations

People are very judgemental due to there own lack of knowledge and understanding

I think my child is seen as different which makes him Vulnerable. This worries me

The government's approach during the pandemic has legitimised hate crimes and set back progress made sound acceptance, awareness and

Most people don't understand him as he is non-verbal and makes noises. This makes me feel very angry as they judge his needs.

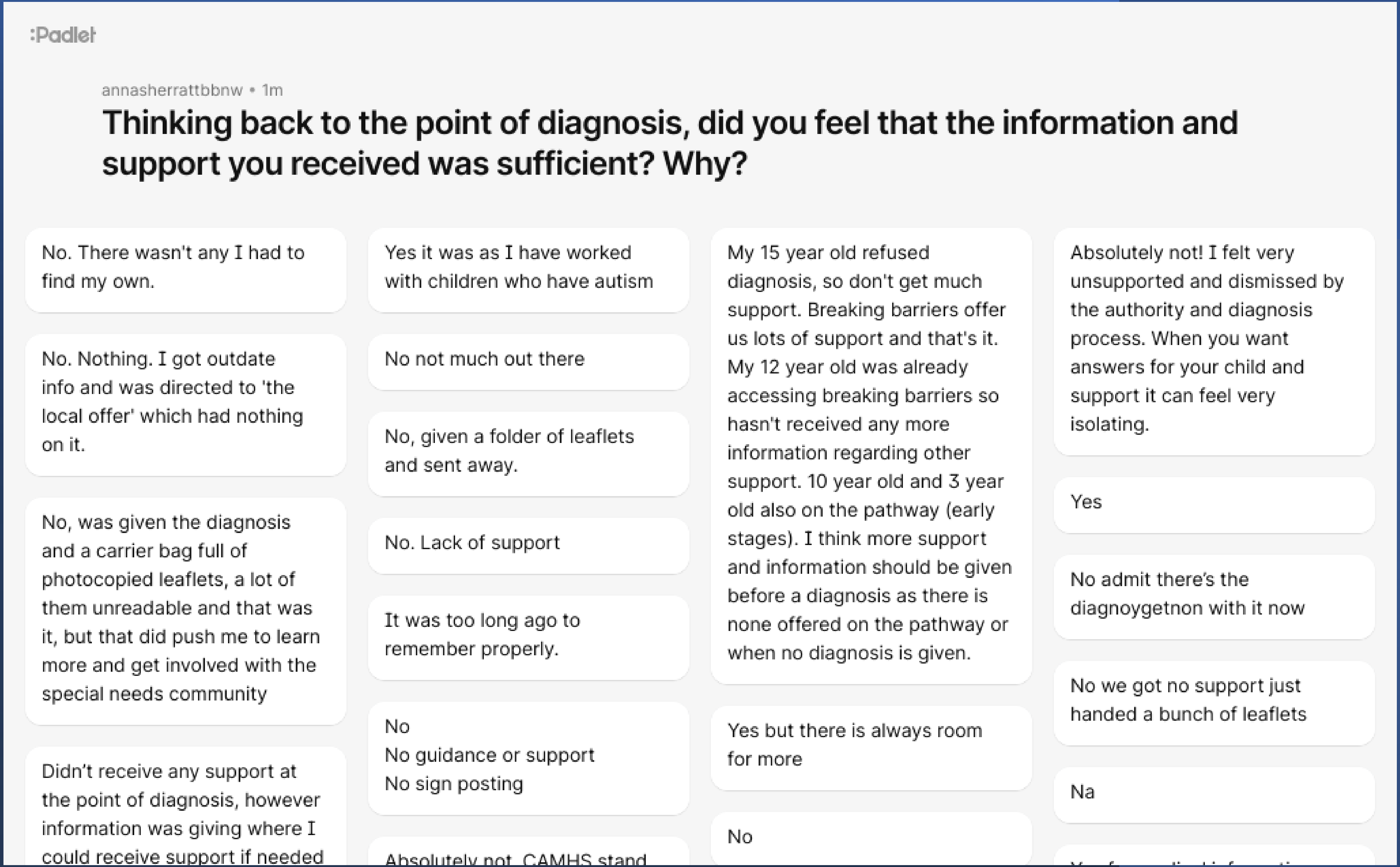
Lack of understanding, my son is only 2 and I think the wider community think an asd diagnosis can't be given so young (he has an asd diagnosis)

Excluded for being different

I don't think he is very visible to the wider community.

Discriminated against by my neighbour disgusted had to get gmp neighbourhood team and housing involved to stop it

Chance to get him into the community would be a fine thing



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Thinking back to the point of diagnosis, did you feel that the information and support you received was sufficient? Why?

No. There wasn't any I had to find my own.

No. Nothing. I got outdate info and was directed to 'the local offer' which had nothing on it.

No, was given the diagnosis and a carrier bag full of photocopied leaflets, a lot of them unreadable and that was it, but that did push me to learn more and get involved with the special needs community

Didn't receive any support at the point of diagnosis, however information was giving where I could receive support if needed

Yes it was as I have worked with children who have autism

No not much out there

No, given a folder of leaflets and sent away.

No. Lack of support

It was too long ago to remember properly.

No
No guidance or support
No sign posting

Absolutely not. CAMHS stand

My 15 year old refused diagnosis, so don't get much support. Breaking barriers offer us lots of support and that's it. My 12 year old was already accessing breaking barriers so hasn't received any more information regarding other support. 10 year old and 3 year old also on the pathway (early stages). I think more support and information should be given before a diagnosis as there is none offered on the pathway or when no diagnosis is given.

Yes but there is always room for more

No

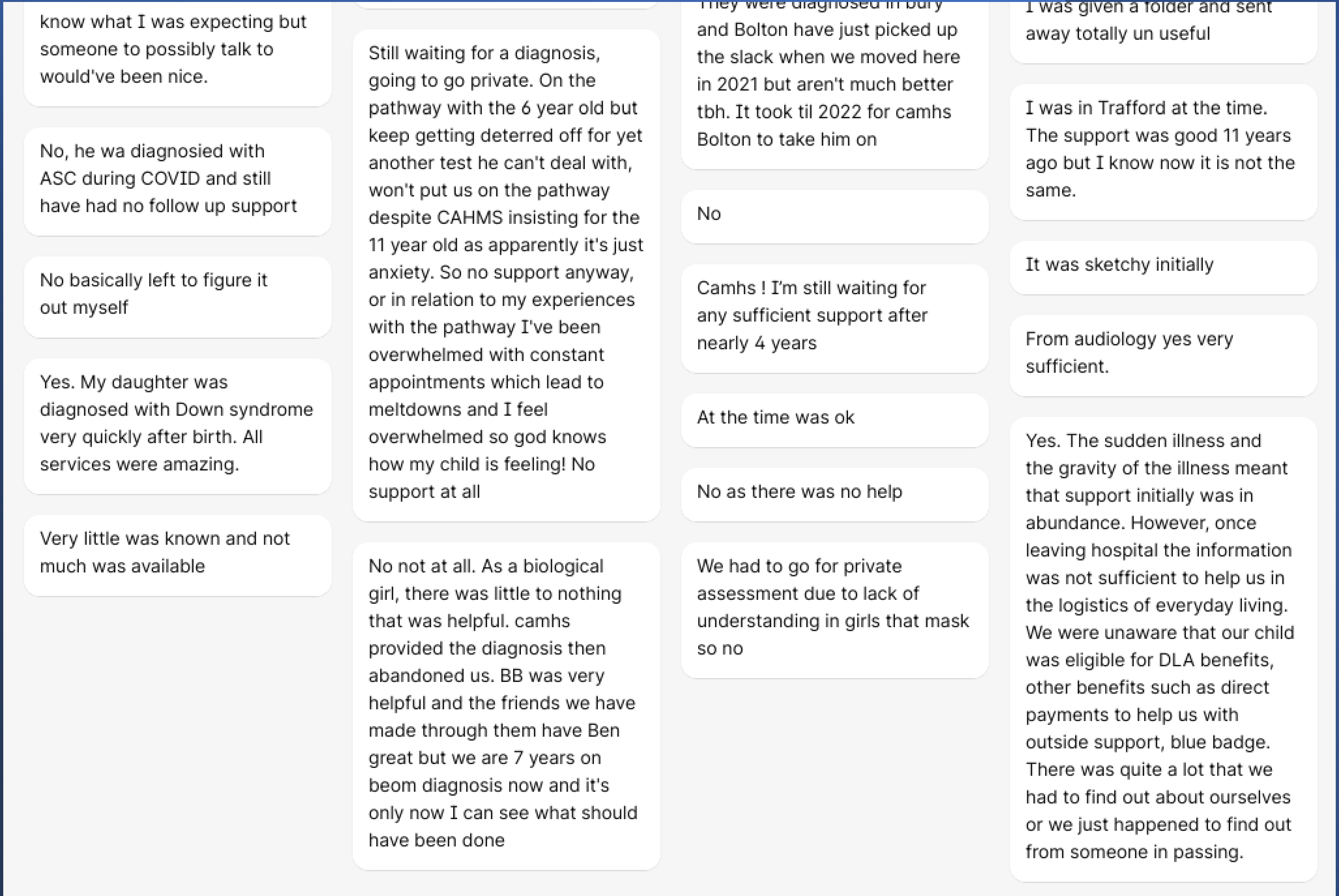
Absolutely not! I felt very unsupported and dismissed by the authority and diagnosis process. When you want answers for your child and support it can feel very isolating.

Yes

No admit there's the diagnoygetnon with it now

No we got no support just handed a bunch of leaflets

Na



know what I was expecting but someone to possibly talk to would've been nice.

No, he wa diagnosied with ASC during COVID and still have had no follow up support

No basically left to figure it out myself

Yes. My daughter was diagnosed with Down syndrome very quickly after birth. All services were amazing.

Very little was known and not much was available

Still waiting for a diagnosis, going to go private. On the pathway with the 6 year old but keep getting deterred off for yet another test he can't deal with, won't put us on the pathway despite CAHMS insisting for the 11 year old as apparently it's just anxiety. So no support anyway, or in relation to my experiences with the pathway I've been overwhelmed with constant appointments which lead to meltdowns and I feel overwhelmed so god knows how my child is feeling! No support at all

No not at all. As a biological girl, there was little to nothing that was helpful. camhs provided the diagnosis then abandoned us. BB was very helpful and the friends we have made through them have Ben great but we are 7 years on beom diagnosis now and it's only now I can see what should have been done

They were diagnosed in bury and Bolton have just picked up the slack when we moved here in 2021 but aren't much better tbh. It took til 2022 for camhs Bolton to take him on

No

Camhs ! I'm still waiting for any sufficient support after nearly 4 years

At the time was ok

No as there was no help

We had to go for private assessment due to lack of understanding in girls that mask so no

I was given a folder and sent away totally un useful

I was in Trafford at the time. The support was good 11 years ago but I know now it is not the same.

It was sketchy initially

From audiology yes very sufficient.

Yes. The sudden illness and the gravity of the illness meant that support initially was in abundance. However, once leaving hospital the information was not sufficient to help us in the logistics of everyday living. We were unaware that our child was eligible for DLA benefits, other benefits such as direct payments to help us with outside support, blue badge. There was quite a lot that we had to find out about ourselves or we just happened to find out from someone in passing.

Gaps and Barriers

For organisations:

- Hoists
- Changing beds
- Sensory/calm space
- Rebound training, £250 per delegate (trampoline)
- Body board emergency training (swim)
- Costs
- Lack of staff

For Families

- Lack of awareness and perceptions of the wider community
- Training and understanding of service providers
- The right information at the right time in the right regarding provision and benefits available
- Transport and cost (for some) is an extra pressure
- Worries about their child being ok while there
- Are staff trained to deal with their needs
- Accessibility
- Communication
- Fees and subs to attend the club

Bolton Together

Next Steps

- Deciding process for seed grants and distributing these next year
- Pulling together further information for the production of a video and visual report by April/May ‘23 displaying the mapping and the recommendations
- May – July ‘23 - Disseminating the findings to influence embedding of good practice going forwards across services