

DRIVING CHANGE

Bolton's Adverse Childhood Experiences (ACEs) & Trauma-Informed Programme



Trauma Informed Practice in the Classroom - Limited Places Available – Book Now!

Trainer: Knowledge Change Action Ltd

Date: Friday 13th March, 2026

Time: 9:00 AM – 4:30 PM

Venue: Lancaster suit, Albert Halls, Victoria Road, Bolton, BL1 1RU



Who Should Attend?

Secondary school classroom teachers and in-class support staff.

What you'll gain:

- Updated neuroscience on stress, trauma, and resilience
- Practical strategies to embed trauma-informed approaches in your setting
- Emotion Coaching: evidence-based techniques to support emotional regulation and adult wellbeing
- Resources and slides for light-touch trainers to cascade learning
- Explore Five to Thrive, Mending Hurts, and the compassionate reason axis
- Develop attachment-aware, trauma-informed, and relational practice

Aims of the day:

- ✓ Recap and update the neuroscience of stress, trauma, and resilience
- ✓ Learn and apply Emotion Coaching in practice
- ✓ Advance your school's trauma-informed journey

Booking Information

- **Reserve your place today – spaces are limited!**
To request a place, please complete [Trauma Informed Approach Practice Nomination Form](#).
- Once we have processed your request, you will receive an email from Form LMS inviting you to the Me-Learning system.
- You need to click on the link to activate your account. **If you don't activate it, you will not be booked on the course.**

If you need to **cancel your place or require further information**, please email learninganddevelopment@bolton.gov.uk

If you do not cancel in time, charges will apply. For more details, please visit the [Learning and development](#) page.