

Trauma-Informed Practice in the Classroom - Limited Places Available – Book Now!

Trainer: Knowledge Change Action Ltd

Date: Friday, 27th February 2026

Time: 9:00 AM – 4:30 PM

Venue: Lancaster suit, Albert Halls, Victoria Road, Bolton, BL1 1RU



Who Should Attend?

Primary school staff – teachers and classroom support staff

What You'll Learn

- Understand how stress and trauma affect the brain and nervous system
- Learn strategies to build resilience in pupils
- Reflect on applying trauma-informed principles in your classroom
- Practical tools for universal and targeted support, including:
 - ✓ Emotion Coaching
 - ✓ Five to Thrive (with one-page profile activity)
 - ✓ Mending Hurts
 - ✓ Seven small things that make a big difference

Aim of the Day

- Deepen understanding of neuroscience behind stress, trauma, and resilience
- Explore practical examples for classroom and individual support
- Support your school's trauma-informed journey

Booking Information

- **Reserve your place today – spaces are limited!**
To request a place, please complete [Trauma Informed Approach Practice Nomination Form](#).
- Once we have processed your request, you will receive an email from Form LMS inviting you to the Me-Learning system.
- You need to click on the link to activate your account. **If you don't activate it, you will not be booked on the course.**

If you need to **cancel your place or require further information**, please email learninganddevelopment@bolton.gov.uk. **If you do not cancel in time, charges will apply.** For more details, please visit the [Learning and development](#) page.