DESPITE THE CHALLENGES OF ADVERSE (HILDHOOD EXPERIENCES (ACES)...

WITH EDUCATION AND AWARENESS, WE CAN CREATE A BRIGHTER FUTURE.





ouncil

FREE BESPOKE Training offer: Foundational ACEs (Adverse Childhood Experiences) & Trauma Awareness Training

There is an opportunity for Foundational ACEs course to be delivered to your organisation as a bespoke session for free.

Adverse Childhood Experiences (ACEs) and trauma impact both adults and children alike. It means that people see the world differently and will respond to situations in ways that keep them feeling safe even if it causes confusion to others.

These bespoke sessions are put together to specifically address the needs of your organisation. We will work with you to ensure that the length of the session is what you need and that the topics included are relevant to you. These topics can include what are ACEs, child development, what trauma is, the stress response system and trauma-informed practice. The sessions include a range of videos and animations and group activities

For any queries please email Dave Nuttall <u>dave@thrivemanchester.org.uk</u>.