

# Foundational ACEs (Adverse Childhood Experiences) & Trauma Awareness Training

## Course Overview

This session aims to cover what Adverse Childhood Experiences (ACEs) are, how they affect people's lives and what we can do to support people who have experienced adversity and trauma. We will also look at what a trauma-informed way of living or working is and how this can be implemented

## Audience

Open to all people working or volunteering in the Bolton area

## Facilitators

Thrive Manchester

Dates	Times	Venue
25 February 2026	13:00-16:00	Basement Meeting Room, Bolton Central Library, BL1 1SE
9 March 2026	13:30-16:30	MS TEAMS
24 March 2026	1:30pm-4:30pm	Castle Hill Centre, Castleton street, BL2 2 JW
23 April 2026	9.30-12.30	MS TEAMS
15 May 2026	9.30-12.30	Castle Hill Centre, Castleton street, BL2 2 JW
24 June 2026	13.30-16.30	Castle Hill Centre, Castleton street, BL2 2 JW
14 July 2026	13.30-16.30	MS TEAMS
17 September 2026	13.30-16.30	Harvey Family Hub, Shaw Street, Bolton, BL3 6HU
6 October 2026	13.30-16.30	Castle Hill Centre, Castleton street, BL2 2 JW
12 November 2026	9.30-12.30	MS TEAMS
14 December 2026	13.30-16.30	Castle Hill Centre, Castleton street, BL2 2 JW

## How to Book on to Courses

## If you need to cancel a place on a course

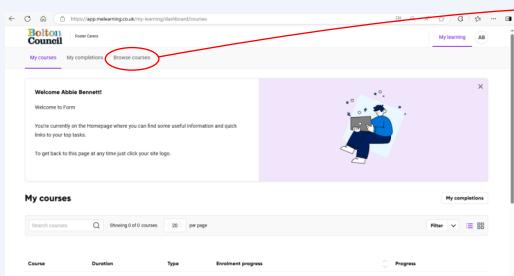




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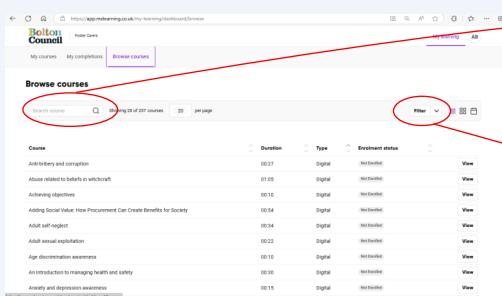
If you are a new delegate, please [register your details on Me-Learning](#). When you are registered, you will be able to [sign in to Me-Learning](#), browse the training catalogue and enrol on the courses.

Use this brochure to identify which Face to Face or Online courses you would like to attend and then in Me Learning, click on the Browse Courses section and search for your selected course. Once you have found the course you have searched for click 'View' and then 'Enrol'. Alternatively, Once you have selected Browse Courses, you can then click 'Filter' - 'Type' and select Event or Digital for the type of course you are looking for.



### **1. Select 'Browse Courses'**

On this page you will see a list of ALL the courses available to you.



### **2. Search for your selected course**

Once searched, you will see the course you are looking for on your screen. Select view and enrol to sign up.

**or**

### **3. Select Filter - Type: Event and then search and select the course you are looking for.**

When you filter to events you will see a full list on all course events. Here, you will need to look for your course and then click view and enrol.

**If you are enrolling onto an Online course/ event, this will be delivered by Microsoft Teams or Zoom.**

**Your link to the online session will be visible on your Me Learning Courses once you have enrolled.**



## **If you need to cancel a place on a course**

If your circumstances change and you cannot attend a course, please cancel your place on [Me-Learning](#).

When cancelling your place, please be aware you must cancel your place at least 3 weeks prior to the course date, otherwise the following charges will apply-

3 weeks or more – No Charge

2 weeks prior - £30.00

The week of the training course, the day of training or non-attendance on the day- Full Cost of the course

**IMPORTANT** - If your course is free of charge and you do not cancel within the times outlined above, you will be charged £30.00

For any questions related to booking, please

email [learninganddevelopment@bolton.gov.uk](mailto:learninganddevelopment@bolton.gov.uk) or phone on 01204 337600.

