

Bolton's Self Assessment

Dementia and Brain Health Quality Standards

Aim of briefing paper:

- To share a summary of the findings from a workshop where key Bolton agencies carried out a Self-Assessment, using GM Dementia United Brain Health Standards.
- 8 key priorities for the Bolton identified through this Self-Assessment.
- We sort view until 3rd April 2025 (Responses from 5 Groups/meeting forums, and 7 individuals)

Background

- The Bolton locality was asked to complete a self-assessment against the 18 standards.
- A workshop was held on the 15/10/2024.
- In total there were 17 individuals within 9 agencies in attendance
- Bolton's self- assessment return was RAG rated across all standards to highlight what Bolton already have in place ,and what are the factors Bolton need to improve on.

Areas of strength in Bolton

- We can identify our **dementia strategy lead** for the Integrated Care Board, with a dementia strategy and dementia specific steering group in place at a GM level.
- Everyone can **access an assessment** and be considered for a formal diagnosis of dementia
- Everyone diagnosed with dementia has a **dementia care plan** that is completed
- Activities are available for people affected by dementia who wish to access these

Areas considered to be a priority



Governance and Driving change

1. To formalise current dementia leads in Bolton
2. To establish a local partnership, including those with lived experience of dementia (*will report to the Ageing Well Partnership*)
3. To ensure co-design and engagement with people with lived experience.

Prevention and Awareness

4. To promote brain health, by improving public awareness and promoting healthy lifestyle changes. This ensures equitable access to prevention resources
5. Improve ways to identify carers earlier by communication and awareness. This should highlight the benefits of carers assessments (Carers Strategy and Carers Strategy group)
6. To explore and agree actions to support priorities in training and awareness for carers, families, communities and front-line staff.

Community Access

7. To promote inclusion and explore systems to improve access to public services and transportation (*Link to Bolton' s Age Well Strategy*).

These should:

- Create safe, accessible and reliable transport services and infra-structure
- Improving access to wider community support, health and social care.
- To promote and develop post diagnostic pathway options, with a focus on crisis and emergency support

Developing support Pathways

8. To promote and support access to services at all stages of dementia including:
- **Pre-diagnostic-** *Providing guidance for signs of dementia and promote the benefits of early diagnosis.*
 - **Carer pathways-** *Increase and Improve offer and advice on the benefits of assessment*
 - **Delirium -** *Provide awareness and access to support for signs of delirium*
 - **Advanced care plans-** *Promote local support groups/services and public awareness of palliative care pathways*

Reflection and Focus on Priority areas

- Prevention and Awareness (Leesa Hellings-Lamb)
 - Community Access (Greg Vaughan)
 - Developing Support Pathways (Andrew Walton)
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- Note:
 - 15 minutes per priority area for group discussion.
 - Opportunities that we can work together to deliver
 - Think of quick wins to help build momentum and engagement

Priority Area 1: Prevention and Awareness

1. To promote brain health, by improving public awareness and promoting healthy lifestyle changes. This ensures equitable access to prevention resources
2. Improve ways to identify carers earlier by communication and awareness. This should highlight the benefits of carers assessments (Carers Strategy and Carers Strategy group)
3. To explore and agree actions to support priorities in training and awareness for carers, families, communities and front-line staff.

Priority Area 2: Community Access

- To promote inclusion and explore systems to improve access to public services and transportation (Link to Bolton' s Age Well Strategy).

These should:

- Create safe, accessible and reliable transport services and infra-structure
- Improving access to wider community support, health and social care.
- To promote and develop post diagnostic pathway options, with a focus on crisis and emergency support

Priority Area 3: Developing Support Pathways

- To promote and support access to services at all stages of dementia including:
 - Pre-diagnostic- Providing guidance for signs of dementia and promote the benefits of early diagnosis.
 - **Carer pathways** - Increase and Improve offer and advice on the benefits of assessment
 - **Delirium** - Provide awareness and access to support for signs of delirium
 - **Advanced care plans** - Promote local support groups/services and public awareness of palliative care pathways

Governance and Reporting Structure



- Vision Board
- Lead Supporting Boards
 - Vision Executive
 - Locality Board
 - Health and Wellbeing Board
- Strategic Delivery Partnership: Age Well Partnership
- Dementia Partnership