## GROW IN CONFIDENCE IN YOUR AUTISM

The **Greater Manchester Autism Consortium** is hosting an online support group, exclusively for autistic adults, to allow them to meet other people, discuss matters of general interest, and share their experiences and ideas.

## Meetings are held virtually on Zoom - usually on the 3rd Thursday of each month.

Numbers for each meeting will be limited to 20, and places can be booked on a first-come first-served basis on the **National Autistic Society's** Eventbrite listings. If you wish to attend but are unable to access Eventbrite, please contact Abigail (details below) to reserve a place.

Meetings are held monthly on the third Thursday of each month from 6.30 to 8.30pm.

The group administrators are:

Mark Simpson – mark.simpson@nas.org.uk

Abigail Gibson: abigail.gibson@nas.org.uk

Mark can be contacted on 07876746403 if you don't have access to email.

## Please book on via Eventbrite:

https://www.eventbrite.com/cc/grow-confidence-in-your-autism-2025-series-3942543?utm-campaign=social&utm-content=creatorshare&utm-medium=discovery&utm-term=odclsxcollection&utm-source=cp&aff=escb



