Your Moments for Hand Hygiene Health care in a residential home



BEFORE TOUCHING A PATIENT

WHEN? WHY? Clean your hands before touching a patient.

To protect the patient against harmful germs carried on your hands.

2	BEFORE CLEAN/	WHEN?	Clean your hands immediately before performing a clean/aseptic procedure.
	ASEPTIC PROCEDURE	WHY?	To protect the patient against harmful germs, including the patient's own, from entering his/her body.
3	AFTER BODY FLUID	WHEN?	Clean your hands immediately after a procedure involving exposure risk to body fluids (and after glove removal).
	EXPOSURE RISK	WHY?	To protect yourself and the environment from harmful patient germs.
4	AFTER TOUCHING	WHEN?	Clean your hands after touching the patient at the end of the encounter or when the encounter is interrupted.
	A PATIENT	WHY?	To protect yourself and the environment from harmful patient germs.



SAVE LIVES Clean Your Hands

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