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 **Learning and Development**

**Title:** **SafeTALK**

**Audience:** For those who wish to become more aware of mental wellbeing

**Description:** This is a half day training in suicide alertness

**Objectives: This session**

* Helps participants to recognise a person with thoughts of suicide and connect them with resources that can help them in choosing to live.
* Participants don't need any formal preparation to attend the training
* Anyone who wants to make a difference can learn the SafeTALK steps

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| **Dates** | **Times** |
| 8 December 2023 | 1:00pm – 4.30pm |
| 29 February 2024 | 9.30am – 12.45pm |
| 8 May 2024 | 9.30am – 12.45pm |

**Courses:**

**Venue:** Castle Hill Centre, Castleton St, Bolton BL2 2JW

**Facilitator:** Re-Align Futures

**Price:**  No Charge

**Booking Info:**  For the Bolton Council staff, please book your place via Oracle self-service. All other delegates, please use this link to complete a [nomination form.](https://forms.office.com/r/ciMc6PLBYj) Alternatively scan the QR code below.

**Cancellation**: To cancel your place, please notify the Learning and Development Team on 01204 337600 or email learninganddevelopment@bolton.gov.uk You must cancel your place at least 2 weeks prior to the course date, otherwise the following charges will apply-

2 weeks or more – No Charge, 1-2 weeks prior - £25.00

The week of the training course and non-attendance - Full Cost

IMPORTANT -If your course is free of charge and you cancel within 2 weeks or do not attend, you will be charged £25.00

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