# Did you know?

We also do Sports Camps for ages 5 - 14 years including Multi Sports, Tennis and Gymnastics.

If you have younger child you'd like to sign up please contact us for more information on **01204 488100** or email **sport@boltonarena.com.** 

These camps are Holiday, Activities & Food Programmes. If you have a unique code to use, simply quote upon booking.



Arena Approach, Horwich, Bolton BL6 6LB

Charity No. 1087039 Company No. 4165498



Facebook.com/BoltonArena

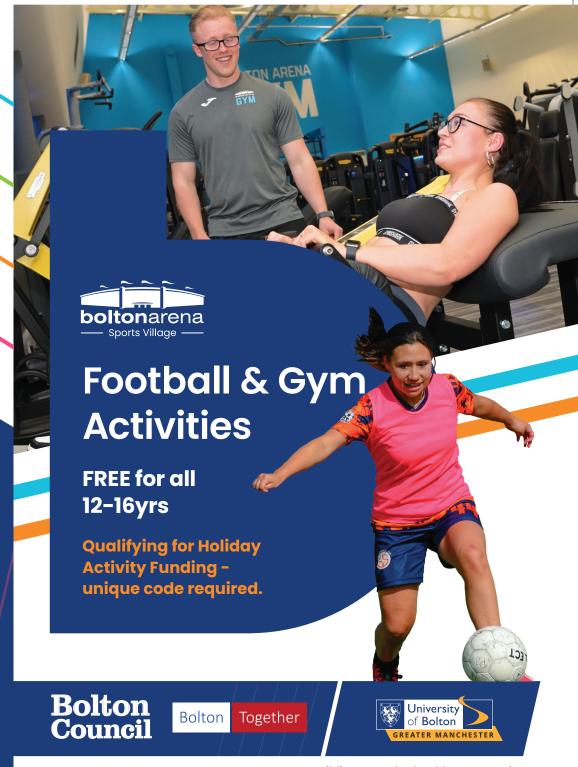


@BoltonArena

£22.00
Per Day



@BoltonArena



Building an active healthy community

## **Football Kick-About Sessions**

These informal sessions are for individuals who would like to play a casual game. They will take place in our caged 5-A-side pitches and organised by a member of staff.

Ages: For children 12 - 16 years

Venue: Bolton Arena Sports Village, Horwich, BL6 6LB Dates: Various dates in August - see table below

**Requirements:** 

BOOKING IS ESSENTIAL

• At least 2 players required (HAF qualified)

· 1 hr pitch hire available on the hour



Kick-About Sessions - August 2023					
Tuesday 1st	Friday 4th	Tuesday 8th	Friday 11th	Tuesday 15th	Friday 18th
2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm
3pm - 4pm	3pm - 4pm	3pm - 4pm	3pm - 4pm	3pm - 4pm	3pm - 4pm
4pm - 5pm	4pm - 5pm	4pm - 5pm	4pm - 5pm	4pm - 5pm	4pm - 5pm

### 5-A-side Tournament

Played within our four caged 5-A-side pitches, the tournament is for teams of 5 or 6 with individuals placed into teams on the day. The tournament is a round-robin format with prizes for the winning team.

Ages: For children 12 - 16 years

Bolton Arena Sports Village, Horwich, BL6 6LB Venue:

Date: Friday 25th August 2023

Time: 2pm - 5pm

**Requirements:** 

- BOOKING IS ESSENTIAL
- At least 2 players required (HAF qualified)



#### **Book your place today!**

To book, please call 01204 488100 or email football@boltonarena.com

Throughout the summer holidays 14-16 years olds can access our state-of-the-art gym including a free weights zone, cardio and resistance machines. Personalised programmes will be offered to all and we also have over 30 virtual classes available from group cycle to core sessions.

Ages: For children 14 - 16 years

Venue: Bolton Arena Sports Village, Horwich, BL6 6LB Dates: Monday 24th July - Sunday 3rd September 2023

**Requirements:** 

BOOKING IS ESSENTIAL

· Induction must be booked before using the gym

10am - 5pm



#### **Gym Use & Virtual Classes** Monday - Friday Saturday & Sunday 8am - 6pm

