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 **Learning and Development**

**Title:** **Dying, death and grief in the age of Covid and beyond**

**Description:** The impact of bereavement is always a very difficult and challenging time. The COVID 19 crisis has further impacted on people’s experiences of bereavement. Many people lack confidence in knowing how to support someone through the impact of loss and bereavement.

**Objectives:** By the end of this course you will be able to:

* gain a deeper understanding of loss, grief and bereavement in adults.
* understand the impact of covid-19 on bereavement
* explore theories of loss
* reflect on supportive communication skills to acknowledge a bereavement or loss highlighting the role of a compassionate leader.
* highlight the importance of self awareness – looking after yourself.
* learn about useful resources and both national and local organisations to support

**Audience:** This course is for anyone interested in developing their awareness of bereavement.

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| **Dates** | **Times** |
|  1st February 2024 | 1.30pm – 4.00pm |
| 19th April 2024 | 1.30pm – 4.00pm |
| 4th June 2024   | 1.30pm – 4.00pm |

**Courses:**

**Venue:** Bolton Hospice, Queens Park St, Chorley New Rd, Bolton BL1 4QT

**Facilitator:** Bolton Hospice

**Price:**  No Charge

**Booking Info:** Please email learninganddevelopment@bolton.gov.uk with the following information: course title, date and time, your full name and your organisation name, address and contact details

**Cancellation:** To cancel your place, please notify the Learning and Development Team on 01204 337600 or email learninganddevelopment@bolton.gov.uk

You must cancel your place at least 2 weeks prior to the course date, otherwise the following charges will apply-

* 2 weeks or more – No Charge
* 1-2 weeks prior - £25.00
* The week of the training course Full Cost
* Non-attendance Full Cost

**IMPORTANT** -If your course is free of charge and you cancel within 2 weeks or do not attend, you will be charged £25.00