

WHAT IS TECHNOLOGY ENABLED CARE?

Technology enabled care (TEC) has actually been around for a while, supporting people in their own homes and helping them to lead independent, healthier lives. That said, with the advancements in technology to date **there is so much more** out there to help make a real difference.

Working together health providers and health and social care commissioners including, Bolton Council and Bolton Clinical Commissioning Group, are devoting resources in some really innovative and exciting TEC.

We are not just talking about TEC in Bolton. It's happening...



Our vision for TEC is to help as many people as possible, at all ages to:

- Stay healthy, well, and independent.**
- Be supported and remain in their own homes.**
- Stay connected with families, friends, and neighbourhoods.**
- Remain in education & achieve through the use of technology**



Telecare

We'll be continuing to use technology such as falls sensors, and more, to ensure that people feel supported and secure

www.asksara.dlf.org.uk is a great starting point to providing advice and guidance on products that make daily living easier.



Self-care apps

Mobile technology is helping people lead healthier lifestyles with timely and relevant personal support.

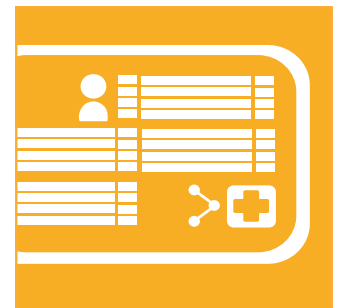
We'll be helping to provide the best apps to support patients needs.



Telemedicine

We are rolling out to all Care Homes in Bolton technology which is connected directly to nurses or doctors in a clinical hub.

Providing Care Home professionals instant access to medical advice needed.



Telehealth

We are going to provide patients with long term conditions, such as diabetes, the technology to monitor and manage their conditions at home, without them having to attend a clinic.

Further TEC updates and plans will be coming soon - watch this space!