

Frequently Asked Questions

1) What are substance misuse services?

Substance misuse services provide support to people who are concerned about their / someone else's use of substances. This could be alcohol, illicit drugs, medication, or any other substance which is causing a problem.

2) Who provides substance misuse services in Bolton?

Bolton Council is responsible for ensuring there is support available for Bolton residents who need support for substance use. The Council currently commissions Greater Manchester Mental Health NHS Foundation Trust to provide a substance misuse service called **Achieve Bolton**.

Under-18s can get support at the **360 Service** delivered by Bolton NHS Foundation Trust.

3) How can I contact the substance misuse service?

- **Achieve Bolton** can be contacted on 01204 483090. Further information on the service is available at www.gmmh.nhs.uk/achieve/.
- **360** can be contacted on 01204 462444. Further information on the service is available at www.boltonft.nhs.uk/services/substance-misuse/information/.

4) Is there support for family members affected by substance misuse?

The services described above can provide support to family members, as can national charities such as Adfam (<https://adfam.org.uk>).

5) Where can I get more information about drugs and alcohol?

The government website www.talktofrank.com/drugs-a-z provides information on a wide range of substances which can be misused.