

School Meals

Standard Spring / Summer Menu

May – October 2017



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>Large slice home-made pizza (v) with sweetcorn</p> <p>Home-made tuna fishcake with jacket potato and fresh salad</p> <p>Home-made apple muffin</p>	<p>Home-made pork sausage roll with chipped potatoes and garden peas</p> <p>Vegetable ravioli (v) with chipped potatoes, garden peas or fresh salad</p> <p>Orange or strawberry jelly</p>	<p>Roast beef or roast chicken or quorn slice (v) with Yorkshire pudding and gravy, roast potatoes and carrot roundels</p> <p>Home-made red onion and cherry tomato crustless quiche (v) with roast potatoes and fresh salad</p> <p>Home-made shortbread biscuit with fresh fruit</p>	<p>Home-made beef bolognese or home-made vegemince bolognese (v) with wholewheat pasta and fresh salad</p> <p>Home-made spicy chicken biryani with carrots and broccoli or fresh salad</p> <p>Selection of fresh fruits</p>	<p>Breaded cod or plain omelette (v) with oven baked wedges and baked beans</p> <p>Home-made cheese sandwich (v) with oven baked wedges, fresh salad and coleslaw</p> <p>Home-made chocolate orange fudge cake</p>
A selection of fresh bread available daily					
Week 2	<p>Large slice home-made pizza (v) with sweetcorn</p> <p>Salmon pasta in arrabiata sauce with sweetcorn or fresh salad</p> <p>Home-made marble sponge and custard</p>	<p>Chicken balti curry or quorn balti curry (v) with wholegrain rice, carrot, cauliflower and broccoli mix or fresh salad</p> <p>Home-made tuna or egg (v) sandwich with pasta salad</p> <p>Chocolate or strawberry mousse</p>	<p>Oven baked pork sausage or oven baked quorn sausage (v) with creamed potatoes and baked beans</p> <p>Tuna filled jacket potato with fresh salad</p> <p>Frozen yoghurt</p>	<p>Home-made top crust minced meat pie or home-made top crust vegemince pie (v) with salad potatoes and diced carrots</p> <p>Plain omelette (v) with salad potatoes and fresh salad</p> <p>Selection of fresh fruits</p>	<p>Harry Ramsden battered fish fillet with saute potatoes and garden peas</p> <p>Home-made cheese whirl (v) with saute potatoes and garden peas</p> <p>Home-made oat cookie with fresh fruit</p>
A selection of chopped salad and fresh fruit daily					
Week 3	<p>Meatballs in gravy or vegeballs in gravy (v) with herby diced potatoes and sweetcorn</p> <p>Chicken tikka filled jacket potato with fresh salad</p> <p>Home-made iced sponge</p>	<p>Home-made mexican chicken fajita with pasta salad and coleslaw</p> <p>Home-made tuna mayonnaise filled tortilla wrap with half jacket potato, fresh salad and coleslaw</p> <p>Macaroni and cheese (v) with fresh salad</p> <p>Home-made aussie crunch</p>	<p>Pork steak in gravy or quorn fillet in gravy (v) with creamed potatoes and mixed vegetables</p> <p>Fusilli pasta with arrabiata sauce (v) with fresh salad</p> <p>Home-made jammie dodger with fresh fruit</p>	<p>Home-made beef chilli or home-made quorn chilli (v) with wholegrain rice, garden peas or fresh salad</p> <p>Home-made egg and cress wholemeal roll (v) with half jacket potato and fresh salad</p> <p>Selection of fresh fruits</p>	<p>Fish fingers with potato waffles and baked beans</p> <p>Home-made cheese flan (v) with potato waffles and baked beans</p> <p>Ice cream tub or frozen yoghurt</p>
Yoghurt and a selection of chilled drinks available daily					

Menu dates for May 2017 - October 2017

	Week 1	Week 2	Week 3		Week 1	Week 2	Week 3		Week 1	Week 2	Week 3				
May	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
	1	2	3	4	5	5	6	7	8	9	3	4	5	6	7
	8	9	10	11	12	12	13	14	15	16	10	11	12	13	14
	15	16	17	18	19	19	20	21	22	23	17	18	19	20	21
June	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
	22	23	24	25	26	26	27	28	29	30	24	25	26	27	28
	29	30	31						28	29	30	31			
July	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
	1	2	3	4	3	4	5	6	7	7	8	9	10	11	
	10	11	12	13	14	10	11	12	13	14	14	15	16	17	18
	17	18	19	20	21	17	18	19	20	21	21	22	23	24	25
August	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
	28	29	30	31	28	29	30	31	28	29	30	31			
September	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
	4	5	6	7	8	4	5	6	7	8	1	2	3	4	5
	11	12	13	14	15	11	12	13	14	15	9	10	11	12	13
	18	19	20	21	22	18	19	20	21	22	16	17	18	19	20
October	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
	25	26	27	28	29	25	26	27	28	29	23	24	25	26	27
											30	31			

