

**I'm not
laughing**

Rachael's Story

I am a former GB Paralympic swimmer and was born with limited use of my left arm. I am the World record holder for the 50m butterfly, European 200 fly and British 200m backstroke records.



I am also World Championship silver and bronze medallist, and finalist in the Beijing Paralympics.

Unfortunately I had to retire following a recurrent shoulder injury.

I has just completed a Sports Development Degree at Sheffield Hallam University and I now live in London working for Channel 4 as Sports Presenter as one of the London 2012 Paralympic presenting team.

I'm not laughing.