

# ASPIRATIONS

## Activity Group for Young People with Asperger Syndrome

Are you aged 12–19 years old?

Do you live in Bolton?

Do you enjoy activities like:

Swimming?

Cinema?

Laser Quest?

Bowling?

Cycling?

Rock Climbing?

Do you like days out at museums, theme parks or zoos?

If the answer is yes to any of these questions then the Aspirations group could be just the thing for you.

There is a weekly 3 hour activity and a monthly social skills group that are funded by Bolton Council.

But when you join Aspirations you can also attend: Weekly Youth Clubs, Holiday activities, at least 2 short break holidays a year, sports and activity groups (sailing, canoeing, archery, paintball), Fortnightly football matches and much more.

To find out more go to [www.asgma.org.uk](http://www.asgma.org.uk)

If you would like further information then please contact Peter Halliwell on 0161 866 8485/ 07900 367 097 or at [aspirations@asgma.org.uk](mailto:aspirations@asgma.org.uk)

